




# JANUARY JEFFERSON COUNTY SCHOOLS BREAKFAST/LUNCH MENU 2024

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
  <b>CEP</b> All students eat breakfast and lunch free.	School Closed  Salads are available daily if not a different entrée' should be available.  National Soup Month	  Staff Development	<i>Harvest of the Month Greens</i>   Staff Development	Popcorn Chicken Biscuit Assorted Cereal 100% Fruit Juice-Pears  Cheeseburger Lettuce/Tomato/Pickles Baked Wedges Vegetable Juice Slice Peaches/Fruit Cup
Pillsbury Pancakes 8	Sausage Biscuit 9	French Toast Sticks 10	Waffle/Chicken Nuggets 11	Breakfast Pizza 12
Assorted Cereal Applesauce – Mixed Fruit  Chicken Strips/Roll Black Eye Peas Mash Potatoes Slice Peaches Applesauce Cup	Assorted Cereal 100% Juice – Mandarin Oranges  Salisbury Steak Rice/Cornbread Turnips/ Lima Beans Fruit Cup/Apple Slices	Eggs Assorted Cereal 100% Juice – Fresh Fruit  Pizza Glazed Carrots Broccoli Peaches/Fruit Cup	Assorted Cereal 100% Juice – Peaches  Chicken Fajita/Tortilla Lettuce/Tomato/Cheese Corn/Black Beans Seasonal Fresh Fruits	Assorted Cereal 100% Juice – Fresh Fruit  Seasoned Wings/Roll Fresh Celery Sweet Potato Fries Vegetable Juice Seasonal Fresh Fruits
<b>HOLIDAY 15</b>	Biscuit/Sausage 16	Waffles/Sausage 17	Chicken Biscuit 18	French Toast Sticks 19
	Assorted Cereal 100% Juice – Applesauce Cups  Chili w/cheese/Saltines Baked Potato/Broccoli 100% Juice Seasonal Fresh Fruit	Assorted Cereal 100% Juice – Peaches  Steak Sandwich Lettuce/Tomato Broccoli Sweet Potato Fries Sidekicks/Fruit Cup	Assorted Cereal 100% Juice – Kiwi  Baked Pork chop/Roll Macaroni & Cheese Cabbage/Sweet Potato Seasonal Fresh Fruits	Eggs Assorted Cereal 100% Juice – Fresh Fruit  Cheeseburger Lettuce/Tomato/Pickles Baked Wedges/VJ Slice Peaches/Fruit Cup

<b>Steak Nuggets 22</b>	<b>Pillsbury Pancake Mini's 23</b>	<b>Breakfast Pizza 24</b>	<b>French Toast Sticks 25</b>	<b>Chicken Nuggets/Biscuit 26</b>
<b>Biscuit</b> <b>Assorted Cereal</b> <b>100% Fruit Juice-Peaches</b>  <b>Chicken Strips/Roll</b> <b>Green Beans</b> <b>Mash Potatoes</b> <b>100% Fruit Juice</b> <b>Mandarin Oranges</b>	<b>Assorted Cereal</b> <b>100% Juice – Fresh Fruit</b>  <b>Chicken Alfredo</b> <b>Breadsticks</b> <b>Garden Peas</b> <b>Glazed Carrots</b> <b>Orange Wedges/Slice Pears</b>	<b>Assorted Cereal</b> <b>100% Juice –Pears</b>  <b>Corndog</b> <b>Vegetarian Beans</b> <b>Sweet Potato Fries</b> <b>Seasonal Fresh Fruit</b> <b>Fruit Cup</b>	<b>Sausage</b> <b>Assorted Cereal</b> <b>100% Juice – Fresh Fruit</b>  <b>Baked Chicken</b> <b>Cabbage/Black Eye Peas</b> <b>Cornbread</b> <b>Fruit Cups</b> <b>Baked Apples</b>	<b>Assorted Cereal</b> <b>100% Juice - Peaches</b>  <b>Chicken Fillet</b> <b>Broccoli</b> <b>Tomato/Pickles</b> <b>Baked Fries</b> <b>Mixed Fruit</b> <b>Seasonal Fresh Fruit</b>
<b>Sausage Biscuit 29</b>	<b>Chicken Biscuit 30</b>	<b>Pancake/Sausage 31</b>		
<b>Assorted Cereal</b> <b>100% Fruit Juice-Peaches</b>  <b>Chicken Strips/Roll</b> <b>Garden Peas</b> <b>Mash Potatoes</b> <b>Slice Peaches</b> <b>Fresh Fruit</b>	<b>Assorted Cereal</b> <b>100% Fruit Juice – Pears</b>  <b>Chicken Noodle Soup</b> <b>Carrots</b> <b>Broccoli</b> <b>Gold Fish Crackers</b> <b>Grape Juice</b> <b>Fruit Cup</b>	<b>Assorted Cereal</b> <b>100% Fruit Juice – Fresh Fruit</b>  <b>Pizza</b> <b>Toss Salad</b> <b>Black Bean &amp; Corn Salsa</b> <b>Vegetable Juice</b> <b>Seasonal Fresh Fruits</b>		

An assortment of low fat and fat free milk is offered daily with all meals. Lactose free milk is available if needed upon request.

**Disclaimer:** Menus are subject to change without notice due to future nutrient analyses; the availability of USDA commodities and/or unavailability of certain purchased food products.

This institution is an equal opportunity provider.